

PARENT WORKSHOPS

Supporting children with anxiety

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Workshop** which will provide information, advice and strategies to increase knowledge and understanding to empower parents to support their children confidently and effectively.

The Workshop is available to the families of children **in Alsager** and will be held **at the Alsager Highfields Community Primary School in Alsager** for **face-to-face** delivery.

If you would like to book a place on the Workshop, please contact the FamiliesandCommunitiesTeam@visyon.org.uk, who will contact you with further details.

Please state the Workshop name and date in your email subject box. Places are limited and will be allocated on a first come basis.

Parent Workshop

Monday 28th November at 3:00 pm – 4.30 pm

