

Are you  
looking after  
someone?



Monday marked the start of Carers Week, an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face, and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support. The campaign is brought to life by thousands of individuals and organisations who come together to provide support for carers, run activities, highlight the vital role carers play in our communities and draw attention to just how important caring is.

The theme for Carers Week 2022 is **'Make caring visible, valued and supported'**.

As well as raising awareness about Carers week we wanted to take the opportunity to inform you what Alsager Highfields has done so far to make our young carers visible, valued and supported.

During the last year our goal has been to identify all our young carers to ensure they are known to us so that a support plan can be offered both in and out of school should it be needed. We have also been raising awareness among our staff and governors so that we are aligned in our process/policy of support for our young carers in school.

We work closely with local services in the area such as Cheshire East Carers Hub and Cheshire Young Carers, which help us with signposting to other services should that be required. Cheshire Young Carers run a regular afterschool session with us to support our young carers. Many of our young carers that attend the groups sessions also register to join their holiday scheme, which provides a nice respite when school is not on.

If you have any questions, please do not hesitate to contact us

Mrs Leopold

Organisational Lead for young carers @ Alsager School and Alsager Highfields Community Primary school