

Emotions Board Game

Instructions

Roll the die and move your game piece that number of squares. Read the emotion written in the square and say a time when you have felt this emotion e.g. I feel happy when I am riding my bike.

The game can be for 2-4 players. The first player to get to the end wins!

Emotions

happy
embarrassed
calm
cross
proud
confused
sad
scared
disgusted
astonished
sleepy
surprised
worried

Start

happy
embarrassed
calm
cross
proud
confused
sad
disgusted
astonished
sleepy
surprised
worried

happy
embarrassed
calm
cross
proud
confused
sad
scared
disgusted
astonished
sleepy
worried
Finish