



Dear Parents/Carers,

**Personal, Social, Health and Economic (PSHE) and Relationships, Sex and Health Education (RSHE) Policy**

As part of your child's educational experience at Alsager Highfields Primary School we aim to promote personal wellbeing and development through a broad and balanced curriculum including Health and Wellbeing, Living in the Wider World and Relationships (RSE) Education. Our aim is that this gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, and fulfilled lives, both now and in the future.

As you may already be aware, the Department for Education announced changes to relationships and sex education following nationwide consultation. These changes came into effect from September 2020 with a deferral due to Covid for Summer 2021. All schools are required to comply with the updated requirements. The statutory guidance can be found at <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

Consequently, from September 2021 Relationships and Sex Education (RSE), along with Health Education is statutory and form part of the National Curriculum.

This means that we have been reviewing our curriculum so we can be sure our provision is appropriate for our pupils based on their:

- age, physical and emotional maturity
- religious and cultural backgrounds
- special educational needs and disabilities.

We commit:

1. To work in partnership with parents and carers.
2. That RSHE will be delivered professionally.
3. That RSHE will be delivered in a way that affords dignity and shows respect to all who make up our diverse community.

RSHE is taught throughout the school from EYFS to Year 6 and is monitored regularly by the staff and the governing body. All RSHE teaching takes place in a safe learning environment, with age appropriate resources and discussion. It is underpinned by our school ethos and values.



# Alsager Highfields Community Primary School

Mighty oaks from small acorns grow

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The main themes of RSHE teaching are:

- Health and Wellbeing.
- Relationships and Living in the Wider World.
- The relationships and sex education units will be part of this curriculum. These topics will be covered and are subject to change depending on the needs of the child.

Parents do have a right to withdraw their child from the Sex Education lessons (see Policy for further details) if they feel that that is appropriate for their child, but Relationships Education is Statutory, and all children will receive these lessons as part of the RSHE Education.

Your views are important to us and we will respond to any concerns on an individual basis. I hope this letter and attached information goes some way to alleviate any worries you may have. If you have any queries or concerns, please do not hesitate to contact the school office.

Yours sincerely,

Mrs Henshall

Assistant Headteacher