





### Brereton Trip

This August, CLASP worked with Oakhanger to run our annual trip to Brereton Heath Nature Reserve. Families played games in the forest, got out in kayaks on the lake, and explored the paths through the trees.

#### Picnic in the Park

Brereton wasn't the only nature adventure we had this summer! Through August, we held weekly picnics in Crewe's own Queen's Park, letting our staff, parents, and kids chill out and catch up in the sun (and occasional rain)!

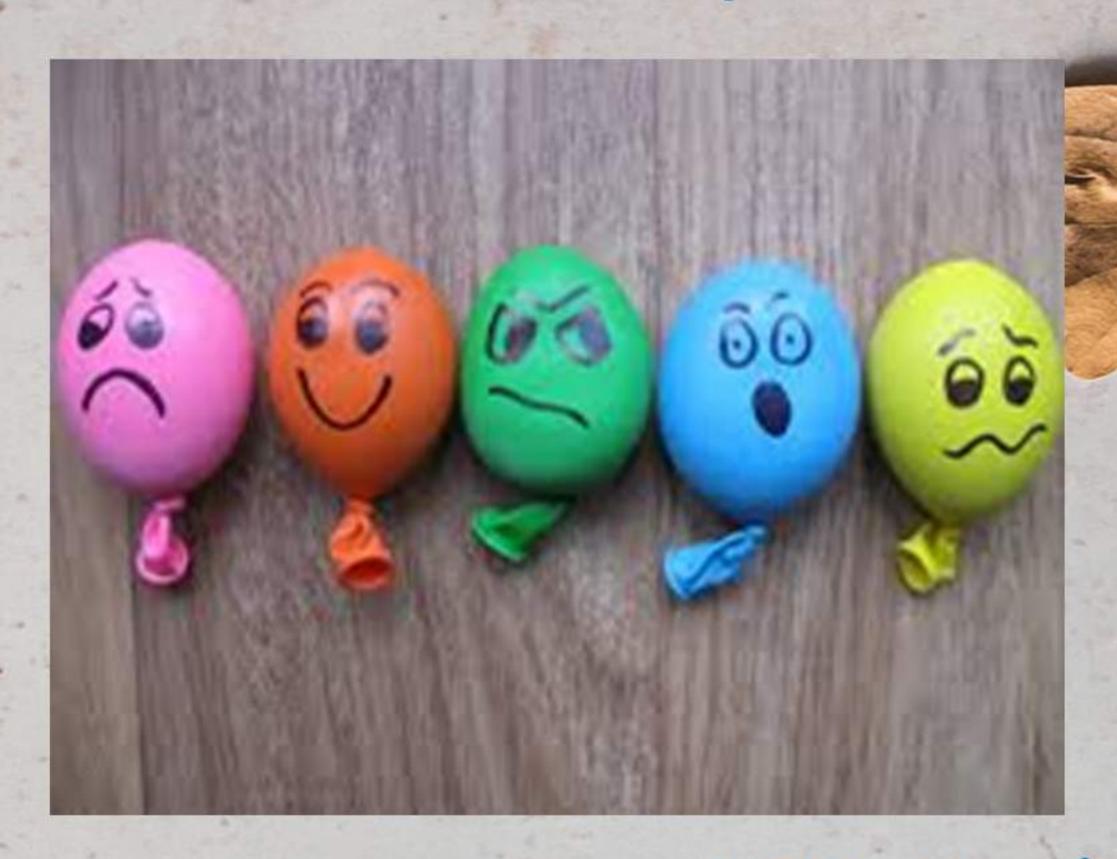
### Football Family Fun Day

Pictured top left, Sandbach United Football Club hosted a family fun day for us. With help from volunteers and a bouncy castle, food and fun were had by all.

# Upcoming

### Back to School with Primary Plus

Now that children are back in school, our Primary Plus course is revving up once more. Run in primary schools, this is a 10 week programme providing games, crafts, group activities, confidential listening and lots of fun!



### 123 Magic

Aimed at single parents, our 123 Magic parenting course teaches more effective discipline techniques and helps you to build healthier relationships with your children.

123 Magic will be starting on Tuesday 2nd November for 5 weeks 10am - 12 noon. For more info or to book, please ring 01270 250629.





Meet Jan, a Children's and Families' Support Worker. She runs Primary Plus in schools and facilitates some of the parenting courses. Her favourite parts of her job are seeing people make new friends and find hope with Clasp's support.

She loves walking in nature and taking photos. Recently, she had a go at sailing with her husband, Chris.

## Our Services

Parent Counselling
Children and Young People
Counselling
Confidential Listening
Short Courses1 - 1 Parent Support
Primary Plus
Primary Plus in School
Signposting to other services
Parenting programmes
Family Therapy
Volunteering Opportunities
Trips and Events
Coffee and a chat



Meet Sharon, our counselling coordinator. She organises and supervises counselling, as well as running parenting groups. She has loved working with the team to help families at Clasp for 15 years now.

When she's not working, Sharon likes to keep fit and go walking, especially to Crewe's own Queen's Park, which she says she visits enough that it's basically her back garden.

## Get in Touch

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