



Alsager Highfields Primary School

Mighty oaks from small acorns grow

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Friday 5th July

Dear Parents and Carers,

I can't quite believe that we are approaching the summer break, especially as the weather is so cold and dismal at the moment. Fingers crossed it brightens up and stays dry enough for Town Sports to go ahead on Monday. This event, once again will be hosted at Highfields.

Thankfully the weather was kinder for the year four residential visit to The Quinta Centre, where the pupils enjoyed the onsite swimming pool, the low ropes course and raft building on the lake. I have had so many positive comments about the residential visits this year; the variety of experiences offered as well as the value for money. These visits would not be able to go ahead without staff and volunteers giving up their time selflessly. A huge thank you to all staff involved.

The PFA have raised an incredible £7,000 raised this year. The circus was a huge success as were last night's discos. A huge thank you to Mrs Nicola Nowak and her amazing team who have had the vision and organisational skills to ensure we have put on events for our children and parents. Mrs Nowak has stepped down as Chair this time as her youngest child moves onto high school. Her legacy, however, will be visible around Highfields for many years to come.

Rachel Woollam



Sleep Support

We all know that not having enough sleep impacts us all negatively, especially our mental health. A healthy bedtime routine is so important for our young people in order for them to be ready to learn in school. For some children however, they just struggle to sleep, or struggle to sleep when they are supposed to! If your child fits into

Welcome To The World Of Sleep

For parents/carers of children who are experiencing sleep difficulties.

The Crewe Mental Health Support Team (MHST) is pleased to be offering this group, with it covering:

- What is sleep and why it is important?
- Difficulties falling or staying asleep for children
- Creating bedtime routines
- Relaxation and mindfulness for better sleep
- What are sleep associations and how do they impact sleep?
- Self-settling techniques

Sessions will be delivered as part of a 6-session workshop programme. (up to 10 places max).

To request a place on this programme, please scan the QR code and fill in the form (before the 17th July). A member of the team will then be in touch to discuss this programme further with you.

Dates: All Mondays - 22nd July, 29th July, 5th August, 12th August, 19th August, and 26th September

Times: 10:00 - 11:30
Location: Catherine House, Eaton Street, Crewe.

Helping people to be the best they can be

Cheshire and Wirral Partnership NHS Foundation Trust

A 6-week programme delivered by the Crewe MHST aimed at parents who have recognised a sleep difficulty in their child.



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that category then please read the flyer to the left. Our mental health practitioner is offering a 6-week programme for parents of children who struggle to sleep. The workshops are in Crewe from 10:00—11:30 on Mondays from 22nd July—9th September. To reserve a place, please scan the QR code.

Changes to Penalty Notices



With the new National Framework for Penalty Notices, Cheshire East have made the following changes which will come into force on 19 August 2024:

- Fines will be issued for term time leave of 5 or more consecutive days
- Fines may be issued when there has been 10 sessions of unauthorised absences in a 10 week period, however a Penalty Notice may be issued before this threshold is met if it is felt parents are deliberately avoiding the national threshold by taking several term time holidays

For further information on the DfE guidance please see

<https://assets.publishing.service.gov.uk/media/65f1b048133c22b8eecd38f7/>

Animal Magic

On Tuesday, we had lots of unusual visitors to school in the shape of a snake, meercat, owl, chameleon and gecko.

All the classes had the opportunity to learn about and hold these animals with the children definitely being braver than the adults.

Many classes have also followed the life cycle of a butterfly over the past couple of weeks and these first-hand learning opportunities are what we believe enriches our curriculum at Highfields.



Brass Band Concert

Every year, we give our year 5 pupils the opportunity to learn a brass instrument for a term as part of our music offer through Love Music Trust.

On Thursday, our year five musicians put on a fabulous concert for younger pupils and parents, to showcase the skills they have learnt. Some people may not agree, that listening to 30 'learners' on trumpets and trombones is enjoyable, but I'm sure all present would disagree. The children certainly entertained me!

If your child is interested in learning to play a brass instrument, The Lions Youth Brass organisation is situated in Sandbach and will provide an instrument and offer tuition. Contact details are below:



lionsyouthbrass@yahoo.co.uk



**Music is to the soul what
words are to the mind.**

Silver Award

YR— Paislie G, Armanilee P-J,
Leo G, Zoey T-V, Kasey T, Amelia
W and Grace R

Gold Awards (30 stars)

Y1—William H, Neve D,

Y2—Thea B, Zachary F, Ben B, Tilly P, Shalom A,
Matthew C

Y3—Bronte P, Jacob S, Irene L, Joey J, Evelyn D,
George S, Martha K

Y5—Ben M

Diamond Award

Y1—Leo R

Y2—Amelia H, Nicole V

Y3— Evie R, George H

Platinum Award

Y3—Jenson C, Emily B,

Huge congratulations to our award winners this fortnight.



Changes to Organisation

From September, our year 1 pupils will be taught at the main school building as opposed to the annexe.

This change is so that we can carry out further improvements to the annexe building, as well as give our reception class 2 classrooms when needed in September.

The outdoor area in reception is also getting an upgrade, so watch this space!

'Change up' day went really well on Wednesday, with all classes excited to spend time in their new classroom with their new teacher. Mrs Matthew was particularly pleased with her new class and how well they took to her and her expectations!