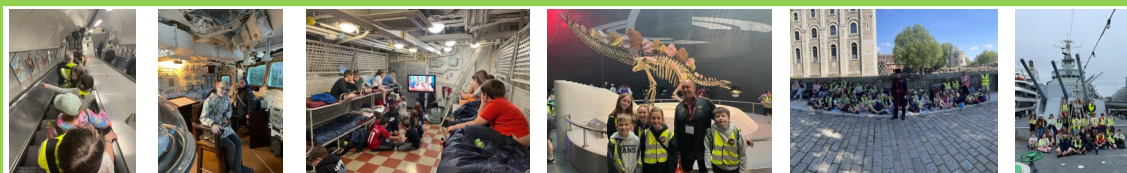




Alsager Highfields Primary School

Mighty oaks from small acorns grow

Fairview Avenue, Alsager, ST7 2NW
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www.alsagerhighfields.com
Headteacher: Mrs Rachel Woollam



Friday 7th June

Dear Parents and Carers,

There are so many positive items to fill this newsletter with, but firstly, I have to mention our incredible year 6 pupils and their unbelievably positive attitude during SATs. Every single child did their best; we could not have asked for more. Mrs Harrison beamed all week and regardless of the outcomes, we could not be more proud of your children.

Following on from SATs, the year 6 had the unforgettable experience of a residential visit to London. We had a jam-packed three days where we visited; The Tower of London, Houses of Parliament, Horse Guards Parade, The V&A Museum and the Natural History Museum. In addition we ate at a restaurant, navigated the tube, watched street entertainers in Covent Garden, watched The Lion King theatre production and slept on HMS Belfast. This is exactly the type of residential I want pupils at Highfields to experience as it offers great value for money and is directly linked to our curriculum. This type of residential does rely on staff and volunteers giving up their own time and my thanks to Mrs Harrison, Mrs Ryde, Mr Bundy, Mr Woollam and Mr Standcliffe, our Chair of Governors, who ensured all our pupils were safe, fed and well looked after. A huge thank you also to Miss Eden, who does a colossal amount of background work prior to trips and visits taking place; we are lucky to have her.

Thank you to those parents and carers who attended our Musical Performance afternoon today. What an uplifting event! I've said it many times before but events such as this afternoon is what I will remember about pupils in years to come—their performance in a play, their participation in a sports' team, club or musical group, not their SATs results. We have a huge amount of talent in our school and I thoroughly enjoyed seeing a small glimpse of that today. I hope you did too.

Over the next two weeks I will not be around as much as usual as I am part of the moderation team for Cheshire East, moderating year six writing. This is a role I've fulfilled before and it brings many benefits to Highfields; not least that it allows me to see the standards of writing in other settings.

As we head into the last few weeks of term we are busy preparing for key stage two sports' day, the year five and six production and leavers' events. We will also be starting transition arrangements for next year. A separate letter will go out tonight with arrangements for next year.

Finally, we shall be representing Highfields at the carnival tomorrow. Please look out for our magnificent spitfire, built and made collaboratively between staff and art club. What a team!

Rachel Woollam

FAMILIES AND COMMUNITIES TEAM

PARENT/CARER WORKSHOPS



Parent/Carer Workshop: Managing and Supporting your Child's emotions.

Visyon's Families and Communities Team are pleased to offer a **90-minute Parent/Carer Workshop**. In this workshop, we look at what drives behaviour in young people. It aims to help parents understand some of the challenges young people face when managing their emotions and offers practical ideas on supporting young people with their feelings.

The Workshop is available to the families and carers of children in Alsager and will be held at the **Alsager Highfields Community Primary School in Alsager** for face-to-face delivery.

If you would like to book a place in the Workshop, please contact admin@alsagerhighfields.cheshire.sch.uk, who will contact you with further details. Places are limited and will be allocated on a first-come basis.

Parent/Carer Workshop

- Monday 17 June from 1.30 pm to 3.00 pm.



Visyon Workshops

Any parent or carer struggling to support or understand their child's emotions, please come to this workshop, held at school on Monday 17th June from 1.30pm to 3.00pm. This workshop will address the challenges young people are facing and how that can look in terms of behaviour.

Mental Health Support Team

Highfields have been lucky enough to secure a mental health support worker through Cheshire and Wirral services and Emma Little will be working both with staff, children and families for the foreseeable future.

If you think that your child may benefit from extra support from the MHST, or you are interested in the services offered to parents and carers, please speak to me or drop me an email. All referrals made to MHST are made by the school. For more information on the services offered by the MHST, please see overleaf.



Fundraising

Huge congratulations and thanks to Oliver G in year 4 who raised an incredible £210 by taking part in The Mow Cop Killer Mile. This money has now been spent on adding more graphic novels to our library. Graphic novels are a great way to engage pupils who are often overwhelmed by lots of text in the more traditional type of book.

Also on the theme of fundraising, we raised £262.62 through the sale of gingerbread sock biscuits. This money goes towards Down Syndrome Cheshire and all of the fantastic work they do with families in the area.



Huge congratulations to all our pupils whose achievements have been celebrated in assembly over the past two weeks.



Gold Awards (30 stars)

YR—Bella Rose T, Emilia

Y1—Jenson F-H, Finn M, Leo R, Bronson H, Isaac A

Y2—Riley H, Quinn H, Mia B, Lowen R

Y3—Cleo A, Olivia T

Y5—Freddie C, Willow D

Y6—Charles K-A



Diamond Award

Y1—Louie B

Y2—Jude W

Y3—Oliver Brazendale, Reginald D

Platinum Award

Y6—Elise C

Word Millionaires

Huge congratulations to our latest millionaires:



Zackery G (Y6), Elise C (Y6), Amber W (Y4)

Half Millionaires

Cleo A, Rosie C, Naomi L, Heidi P, Fleur Y, Xander A, Molly C, Willow D, Heidi F, Lyla H, Sebastian K, Marcello H, Otilie N, Olivia P, Marlee P and Mason W

Quarter Millionaires

Leo S, Hayley S, Isla N, Isobel J, Scarlett H, Rory H, Shianne G, Grace W, Abe W, Holly S, Ben M, Owen M, Evie J, Sophia E-B, Isla B, Elodie W, Emily T, Harmonie S, Holly R, Henry M, Jago J, Harrison H, Oliver G, Dexter D, **Clara L, Nora O and Benjamin B**—huge congratulations to our youngest pupils.

Mental Health Support Team

WHOLE SCHOOL APPROACH

The 'Whole School' approach is an ethos which involves all parts of your child's school, working together to create and sustain a mentally healthy school environment.

A 'Whole School' approach supports the idea that children's mental health is everyone's responsibility and aims to build a wellbeing support network around the child, which also extends beyond the school gate and into the family home.

You can read more about the services covering Cheshire and Wirral here: <https://www.egmhsd.org.uk/>

HOW CAN MY CHILD GET SUPPORT FROM THE TEAM?

If you think your child may benefit from some extra support from MHST or if you're interested in any of our parent and carer offers, you can speak to the schools' Senior Mental Health Lead. Referrals to MHST are made by the school.

If your child needs urgent or emergency mental health support at any time, you can contact CWP's 24/7 all-age mental health crisis line on 0800 145 6485.



CHESHIRE EAST MENTAL HEALTH SUPPORT TEAM (MHST)

Helping people to be the best they can be



WHO ARE WE?

The MHST consists of practitioners that are trained to assess and support children and young people who are experiencing low-level mental health difficulties.



We aim to empower children and young people (as well as the adults in their lives) to learn strategies and new ways of taking care of their mental wellbeing.

We work with schools to develop a whole school approach which encompasses and mobilises the whole school to promote student wellbeing. Our team is made up of Mental Health Practitioners and Education Mental Health Practitioners who will provide direct ongoing support to your school, which includes:

OUR SERVICES

01. Initial Consultation

A safe, reflective space between our practitioners and a member of school staff, such as the SLHT. They can bring any concerns they may have for their students' mental health or emotional wellbeing.

At this stage, school don't need to share any personal information regarding the CWP discussed. This gives us opportunity to offer advice, resources or signposting to relevant services. If we feel the student will benefit from extra support from the MHST, we will encourage school to seek parental consent and fill out our digital referral form.

02. Professional Consultation

As part of our support offer, our practitioners will offer ongoing 'Professional Consultations' to further explore concerns you may have for individual students. During these consultations, we can explore what support MHST can offer to the CWP.

03. 1:1 Evidence Based Interventions

Brief 1:1 CBT informed interventions for pupils with mild to moderate mental health conditions, such as anxiety, low mood, behavioural difficulties and/or social communication difficulties.

04. Parent and Carer Support

We will run coffee mornings and parent drop ins where parents and carers can access advice and signposting from our practitioners.

We are also part of the 'Cheshire Wide Parenting Clinic' where parents can access parenting programmes such as 'Webster Straton Incredible Years' and 'Triple P Peer-Led'.

05. Whole School Approach

We provide a range of services to help schools to become more 'health promoting'. This starts with understanding the needs of the whole school community.

CHILDREN, YOUNG PEOPLE AND FAMILIES ACTIVITY DAY

11AM-3PM 8 AUGUST 2024

OAKENCLOUGH FAMILY HUB, COLSHAW DRIVE, WILMSLOW SK9 2PZ

BBQ lunch and refreshments provided

Sports, Bushcraft, Arts and Crafts, Fire Pit and much more

THIS ACTIVITY DAY IS FOR CHILDREN AND YOUNG PEOPLE AGED 8-19 (25 IF SEND OR CARE EXPERIENCED) AND THEIR FAMILIES (*IF UNDER 12YRS, MUST BE ACCOMPANIED BY AN ADULT, 16YRS OR OVER).

Book on EEQU using the QR Code

For more information please contact: participation@cheshireeast.gov.uk

Cheshire East Council

FREE IT SESSIONS

DO YOU LACK CONFIDENCE IN FINDING YOUR WAY AROUND YOUR PHONE, LAPTOP OR DEVICE?

If so, please come along to St Mary's Catholic Primary School (Manor Lane, Middlewich) on:

Saturday 29th June

10.00 - 10.45am—Help with phones and tablets
11.00 —11.45am—Help with using Word, Excel etc.

Refreshments provided by Able Together

For more information, please contact Lucie Fernyhough on 07929 717909 or lucie.fernyhough@cheshireeast.gov.uk