

Cheshire Young Carers

**ZOOMING INTO 2021  
PROGRAMME  
JANUARY - APRIL 2021**



**1957**  
HOURS OF  
ACTIVITIES  
FOR YOUNG  
CARERS

TOTAL OF  
**1206**  
ENGAGEMENTS

**85**  
EVENTS  
OVER  
**4**  
MONTHS





Cheshire Young Carers

## ZOOMING INTO 2021 PROGRAMME

JAN - APR 2021

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# INTRODUCTION

## ZOOMING INTO 2021 PROGRAMME

### JAN - APR 2021

As we look back and reflect upon the first four months of 2021 and review the respite activities that Cheshire Young Carers have been able to deliver, it has clearly been a journey. We started in January during another lockdown meaning that everything had to be delivered online; it was cold and dark and frankly everybody was just getting fed up. However, the Cheshire Young Carers activity team rose to the challenge to deliver some fun filled activities, even if they were all online. At the same time, we made a promise to all young carers and families that once restrictions were relaxed and it was safe to start some face-to-face activities, we were like coiled springs ready to fire into action.

In February we started to seriously plan some outdoor activities to ensure that we were ready once restrictions were relaxed. This included (with the help of the NHS and local authority) arranging vaccinations for our frontline staff to add another layer of protection for young carers and families once we started delivering some face to face activities. At the same time, we started the process of conducting regular Covid tests to help all Cheshire Young Carers' staff identify any early indications of COVID-19 and I'm sure you will be relieved to hear that we have discovered none so far.

Over the last year we believe we have discovered the things that young carers and families like when they become involved with online activities and at the same time, we have discovered the things that have little interest. Therefore, we have developed and delivered a series of regular events including the ever-popular bingo and the cooking sessions. These were then complemented with some of our star guest events including the England rugby captain, although I'm not sure if it was young carers or their parents who were more excited!



This brought us to Easter when the world was looking a slightly better place because we were at last able to meet young carers face-to-face. In preparation for the Easter programme, activity boxes were packed and delivered containing everything needed to take part in the various activities, some of which were delivered online and some of which were delivered face-to-face. The whole team were just grateful to get out of their homes, meet young carers, catch up on what had been going on, and frankly just have a good chat and deliver the face-to-face support young carers truly missed.

We are now starting to think about our regular group activities with some great ideas to try out and we have some exciting plans for the school summer holiday period. All this of course is subject to government restrictions, but we remain hopeful that over the coming months we will return to something like a normal service supporting young carers and their families across Cheshire.

We also want to thank our funders who have stayed loyal to Cheshire Young Carers throughout the whole of this pandemic, which has enabled us to continue to deliver vital support services. As we move forward into a more normal way of life, it is this contribution of funders that will continue to help us to deliver structured respite activities and support for children who are young carers.

Thank you,

*Graham Phillips*

**Graham Phillips**  
**Managing Director**  
**Cheshire Young Carers**

85  
events  
over  
4  
months



**EASTER ACTIVITY PACK!**



**SCIENCE ACTIVITY PACK!**

# EVENING SESSIONS

## TIMEOUT TUESDAYS

Every Tuesday young carers had the opportunity to engage in an exciting workshop, learn something new and have fun together. The activity team incorporated the young carers' and their families' favourite activities into Timeout Tuesdays and booked more outreach sessions to keep content fresh and engaging.

Since we began the baking and cooking sessions in the 2020 summer programme, they have been very popular amongst the young carers and their families. Our baking sessions revealed just how many of our young carers (and staff!) have a sweet tooth! Following a similar style session to Family Cooking we also ran 2 Baking Sessions where young carers put on their aprons and put their new skills to the test as they baked lovely treats. During the Zooming into 2021 programme young carers baked a berry crumble traybake and a chocolate orange cake, they also cooked a Chinese meal and a lasagne. The confidence that young carers have when it comes to their skills in the kitchen is impressive and many like to talk about what they made together in the Wacky Wednesday sessions a day later.

With the vast majority of our delivery being online, our team is constantly looking for new ideas and ways to deliver activities. To keep young carers exercising during the winter national lockdown we ran Zumba, Yoga and Aerobics sessions. As well as this, we had CourtneyMariaMUA back for another makeup tutorial, following the success of the one we ran during the Christmas programme. We were also joined by Liverpool's Life Sciences Outreach society who ran an interactive workshop that used fun experiments to teach young carers about science.



## WACKY WEDNESDAYS

Every other Wednesday, young carers from all ages across Cheshire came together for a competitive and fun session on Zoom. These evenings have been great ways for the young carers to socialise with the activity team. Young carers were split into teams to follow a series of challenges and games; these included brainteasers, riddles, scavenger hunts and always ended up with some light-hearted competitiveness (from staff too!). At the end of every session young carers would be eager to suggest their favourite games to play, which would be incorporated into the next session. We have seen many new friendships being formed in these sessions in ways that wouldn't have been possible without Zoom!

## TRIVIA THURSDAYS

Delivering our programmes digitally has allowed some young carers' and their families' favourite sessions to come to life. A popular event since the beginning of the pandemic has definitely been Bingo, which soon led to the addition of Quiz nights. Following feedback from families, we quickly saw that this was to continue for the foreseeable future as it is enjoyed so much! Each Thursday, families gathered around their devices and went head-to-head to see if they could reach the top of the leader board for a prize. This brought out the competitive side of the young carers and their families, as well as bringing them all together. It was lovely to see them all talking to each other on the live chat, sharing jokes and congratulating each other when they won.

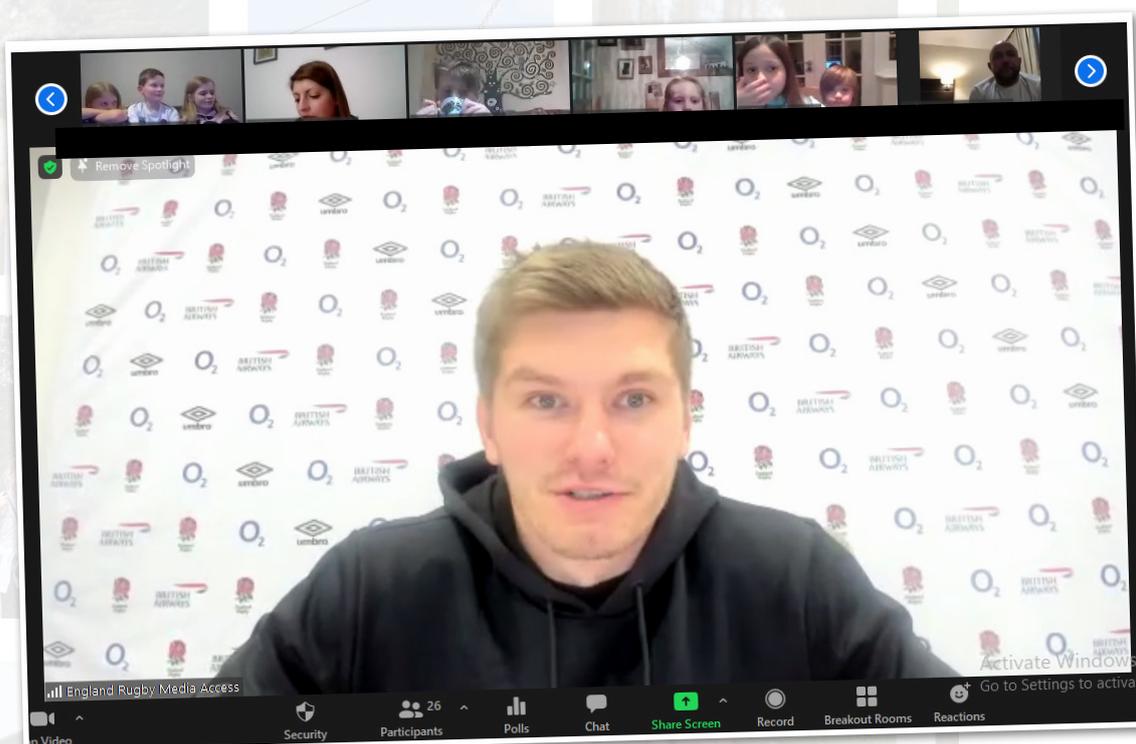


# SPECIAL EVENTS



## AN EVENING WITH ENGLANDS RUGBY CAPTAIN OWEN FARRELL

We have some big rugby fans amongst our young carers and their families, so it was a very special opportunity for them to have a Q&A session with England Captain Owen Farrell. Prior to the Zoom call we kept it a secret that Owen was going to be joining us; the young carers were asked to send in any question they would like to ask one of the England players. They were all super excited and questions came flooding in, they were even more excited when they logged on to Zoom and found out it was the Captain they would be talking to. The young carers came up with some interesting and mature questions and learnt a lot from Owen's answers and stories. It was an amazing opportunity for them to hear from a successful sportsman and take in any tips and words of encouragement he had which they can carry with them in their daily life. Some young carers were brave and asked Owen questions themselves, this was a real confidence boost for them. Everyone enjoyed speaking to Owen and we were very grateful that Owen had taken time out of his busy schedule during the Six Nations to talk to them. Owen is a great inspiration to many of our young carers and proved to be a role model to the aspiring rugby players within Cheshire Young Carers.



# FEBRUARY HALF-TERM

## SCIENCE WORKSHOP



To kick off our Science inspired Half Term, the young carers experimented with household items in a workshop led by one of our Education Officers Ceri. Ceri, a former science teacher, had lots of fun experiments up her sleeves, which the young carers followed from their homes. The 6-10 year olds loved getting messy whilst creating slime, and seeing whose was the squishiest. They also loved experimenting with adding colours and scents to their slime and seeing how it changed the way it looked and felt. They explored their creative skills even further by creating homemade bath bombs. As well as experimenting with colours and scents, they also had fun moulding their bath bombs into different shapes and seeing how pliable it was. The best part was testing them out by putting them in water and watching them fizz.



The 11+ years experimented with combining different acid and alkaline household substances with the juice from a red cabbage. Depending on the pH of the substances, the red cabbage juice would change colour! The young carers had so much fun trying to create different colours using different products from around the house. They were determined to create a rainbow colour chart and create all the colours of the rainbow in order. In the second experiment they also got a chance to get a bit messy and creative by creating plastic using milk and vinegar.

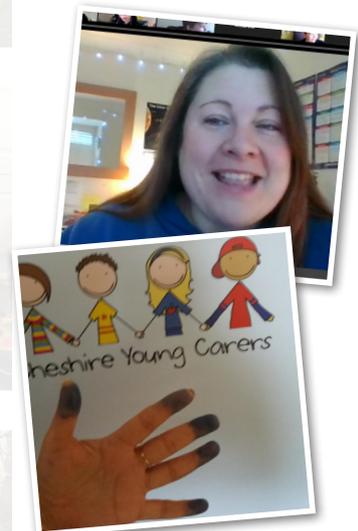
It was a long process – one young carer saying it was like making cheese, but the result was worth it. They were able to mould the plastic into different shapes using cutters and molds. After adding food colouring they had lots of fun creating keyrings and coasters for themselves and family members.



## FORENSIC EXPERIENCE



Hayley a former Crime Scene Investigator (CSI) from the Forensic Experience held 2 workshops with our young carers. In both sessions the young carers were given a behind the scenes talk on the work of a CSI with Hayley sharing her experience working with the Metropolitan Police. Hayley explained how forensic information is collected and used in court cases, showed everyone how to take fingerprints and explained how to code the fingerprint. Hayley had some very interesting stories to share about how criminals were caught after forensic investigation and answered lots of questions from the young carers. After the talk everyone had a go at taking fingerprints and coding them, most of the young carers found they had the most popular plain loops and whorls that Hayley had explained about, but we did manage to find a few of the rarer fingerprint patterns as well.



# FEBRUARY HALF-TERM

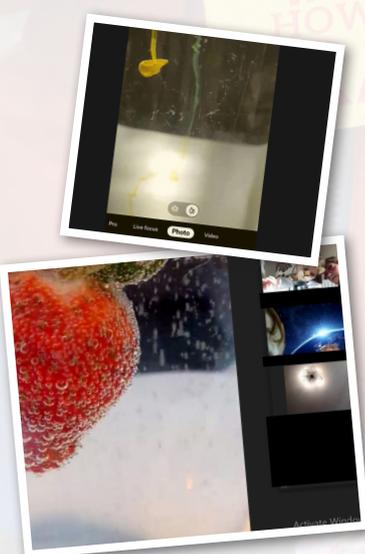
## PAINTING WITH LIGHT



Photography workshops and trips have become very popular amongst the young carers during the past year. To incorporate photography into Science week, we ran an interactive workshop on how, in the early days of photography, it was considered a science. We followed this by combining photography and science to make some art. Young carers used tablets, smartphones, or cameras to take photos of different set-ups made together over Zoom. The theme of all the mini photoshoots was to use water to create different photographic illusions.

In the first task, we created our own backdrops by drawing different patterns on paper that each young carer customized. By then placing glasses of water in front of these backdrops, illusions were made where the patterns inverted or distorted. Young carers used their knowledge of vantage points to create some amazing images.

The next task that we did was a firm favourite between the young carers; we experimented with some macro photography. Young carers used a glass of sparkling water or lemonade and placed fruit into it to create an effect where there were many microscopic bubbles for capturing a fascinating still-life image.



For the third we also used macro photography, young carers used glasses of still water and added small drops of ink or food colouring. As the liquid exploded, the best images were taken as the colour travelled through the water.

The final task combined water and reflective surfaces to make small bubbles. Young carers captured the bubbles which reflected their surroundings, creating mini water bubble images inside the image.

Young carers were fascinated by the different images they had taken and definitely created some great images. The experimentation within different genres brings out more and more of their creative talents.

# FEBRUARY HALF-TERM

## NOAH'S ARK ZOO FARM



Animals are a firm favorite amongst our young carers, and they absolutely loved their virtual visit to some of the little residents at Noah's Ark Zoo Farm. They met the very friendly cockroach and learned lots of new facts and how important insects are to our environment. The young carers got up close to a curious tortoise who had a shell which almost resembled a leopard print pattern. They knew lots of facts about tortoises from friends and family that have them as pets, as well as snakes. They were also shown what the skin of a snake looked like after it sheds. Everyone enjoyed seeing video footage of the other animals at the zoo farm, including some very mischievous Meerkats. It was lovely to see all the young carers getting involved and family members joining in and watching too.



## OUT OF THIS WORLD



One of the most popular sessions of the week was called 'Out Of This World' whereby young carers were lucky enough to learn all about astronomy in a workshop delivered by Mid Cheshire Astronomical Group. Some young carers were new to the topic whilst some were studying it at school and others were even considering a career relating to astronomy. Whilst the age range and previous knowledge differed, they all shared their enthusiasm and knowledge for the subject and were keen to engage in discussion about what interested them.

Owen and Liz taught the young carers about the sun, moon, stars, planets, comets, and galaxies through an interactive PowerPoint which included quizzes, games and many conversations. The end of the workshop saw many young carers ask if there could be a trip with the society to put their knowledge in to practice.



# FEBRUARY HALF-TERM

## GAMESHOW NIGHT



After the success of our last Game Show at Christmas, the Cheshire Young Carers staff brought lots of fun interactive games for the young carers and their families to enjoy together. The game show consisted of 4 different rounds which went with our Half Term theme of Science, all rounds having a glorious prize for the highest score.

Round 1 was all about Inventions, the young carers had to get to the end of the higher or lower game by guessing when the inventions were invented. The prize for the winner was a board game all about inventions.

Round 2 was all about animal hybrids, the young carers had to guess the two animals that created the hybrid animals – some of these were real and some were photoshopped so there were lots of funny photo's. The prize for this round was an animal themed board game.

Round 3 was a favourite topic amongst our young carers, which was all about Movies. The young carers and their families had to guess which movie one of the CYC staff members were acting out in a photograph. The staff were very inventive creating the different movie scenes and the young carers enjoyed seeing them taking part. The winner of this round got a voucher for Just Eat, so they can hold their own movie night at home and treat themselves to a family takeaway.

For the final round, we wanted to see how creative our young carers could get. The families were given 5 minutes to transform a family member into a robot using anything they can find in the house. Camera's were switched off and at the end of the time turned back on to reveal their robot creations. It was so difficult to decide who the winner would be as they were all so good and made the staff laugh very much, a lot of recycled boxes and tin foil was used. The Winners were sent a solar robot making kit, which they can use with the whole family. The Game Show was another huge success and has been requested for the Easter holidays.



## MINECRAFT



Our Cheshire Young Carers Minecraft realm has become its own universe. Each holiday provision we move to a different area as we outgrow them each time. With a new area in the realm, come more young carers, great buildings and adventure. Together, young carers and staff create their own villages which boast many amenities from shopping malls to theme parks!



# EASTER PROGRAMME

## EASTER CARD MAKING



Our Easter card making was a popular session, with young carers being sent card making kits before the session. Step-by-step instructions were given to the young carers so that they were able to create a variety of designs including pop up cards, finger painted chicks and bunnies and they created Easter egg designs using different techniques. At the end of the session, we showcased the cards everyone had made by spotlighting the camera on Zoom one at a time on to each young carer. The young carers enjoyed seeing all the different designs and gave each other lots of compliments and encouragement.



## WACKY WEDNESDAY



Wacky Wednesday always brings a light-hearted competitive nature between our young carers (and staff!) to be crowned the winning team of that week. Young carers from ages 6-18 take part in the session with the YACs taking on team leader roles. Our Easter themed Wacky Wednesday included prizes for the winners, so the competitiveness was heightened, and challenges became chocolate themed! Young carers were split into 3 teams, challenges varied between riddles, drawing tasks, list games, spot the difference, eye spy and minute-to-win-it style games. Many challenges had everyone in fits of laughter whereas others brought out the concentration faces! Our Easter themed Wacky Wednesday was definitely enjoyed and got everybody excited for the fun we were all about to have across the rest of the programme.



# EASTER PROGRAMME

## CHEESECAKE MAKING



Chocolate eggs and cheesecake was a winning combination with young carers. Using Green's Cheesecake Mix the young carers filled the Easter egg shells with a biscuit base and cheesecake filling before decorating with Easter sweets. Some also had enough mixture to make individual cheesecakes in glasses. Families enjoyed this very sweet Easter treat and it is clear to see from the photograph's how creative they all were in their decorations.



## MINECRAFT



Over the past year a lot of our respite provision having been digital, we utilised this opportunity to engage with young carers in a way that we would not have been able to face-to-face with the creation of our Cheshire Young Carers Minecraft Realm. By using a unique code, young carers join us on the game and build a world together whilst completing different challenges. Over Easter we had to begin building a new section of the realm due to how much they had previously built! We saw theme parks, farms and restaurants being built alongside a village for everyone to live in. Minecraft has become increasingly popular to the point where we ran back-to-back sessions over Easter to accommodate everybody. There is a real sense of pride in what they have built together; they have quite literally built their own safe space in which to play together!



# EASTER PROGRAMME

## EASTER FACEPAINTING



Face painting has been extremely popular amongst young carers since it was first introduced in our 2020 Summer Programme. At the end of every session, the young carers always say that they would like to do more, so these have now been incorporated into each holiday programme. Makeup artist CourtneyMariaMUA produced a fun and bright look for our easter themed workshop. Using the face painting palette that they had received in a previous activity box, everybody followed Courtney's step by step video, creating the look and customising it to their favourite col-ours or patterns. The skills and progression of the young carers is so prominent each session and they are already excited for the next session.



## RSPCA WORKSHOP



The young carers were joined on Zoom by Evie and Charlie from the RSPCA who delivered an introductory workshop on what the RSPCA do and how we can help. In the workshop the young carers got to find out the needs of a puppy compared to a fox cub, and how foxes and other wild animals don't make good pets, as we are unable to meet their needs. Evie told us all about the kinds of animals they have at their centre at Stapeley Grange in Nantwich and did a virtual tour of the different enclosures. The young carers had lots of fun playing a game with Charlie, where they had to guess what the animal was from a close-up photograph. All the animals in the game had been brought into the RSPCA centre, and with each image Charlie and Evie told the young carers the stories of the animals and why they had been brought into the animal rescue. The young carers loved having the opportunity to show off their pets to Evie and Charlie and share stories of how they had rescued injured birds and other wildlife. The session was a great introduction to what the RSPCA do and the young carers are really looking forward to having the opportunity to visit the RSPCA Centre at Stapeley Grange soon.



# EASTER PROGRAMME

## OLI THE CHOC



The young carers got ready to 'Choc and Roll' in a chocolate masterclass run by Oli the Choc. Chocolate kits were sent out to the young carers before the session. Joining us from his very own chocolate factory over Zoom, Oli taught the young carers how to master the art and skill of tempering chocolate using very little equipment.

Oli showed the young carers how to create chocolate lollypops in the shape of different animals and how to use a different type of chocolate to pipe on the details. They had so much fun experimenting with the different lollypop shapes they could make, and discovered how easy it was for them to do at home. The workshop ended in true chocolate style, with the young carers' creativity going wild as they created a chocolate pizza! Using the different toppings from their chocolate kits and any sweet treats they had at home, the young carers were able to create yummy patterns and silly chocolate faces! The workshop with Oli the Choc provided new skills which the young carers can now use in the future and helped them to gain confidence as they succeeded in tackling the technique of working with chocolate. Most importantly they had lots of fun at home with family members and loved cheering on everyone's creations over Zoom.



## MUSIC WORKSHOP



One of the virtual sessions during the Easter programme was a Music workshop, where young carers showcased their amazing talents with Donna and Georgia. The session began with a Kahoot quiz on different types of musical instruments, and everybody enjoyed sharing their favourite instruments or ones that they would like to experience playing. Together we then assembled a band; some young carers used their instruments and others made them out of household items, from pianos to DIY banjos – we had it all! We then played to the beat of the famous 'We Will Rock You'. With all the different instruments the song took on many different genres, but we loved virtually playing together. Next was a drawing task and mini quiz, where eight different songs were played, and young carers had one minute to draw how that song made them feel or something it reminded them of, then they had to guess what genre the song was from. We also enjoyed some light-hearted singing and dancing to end the session.



# EASTER PROGRAMME

## PAINTING IN THE PARK



The young carers took the skills they learnt from our Zoom painting sessions outside and created some life art studies. Visiting local parks, the young carers were able to take inspiration from the scenery around them and admire the details and colours of the wildlife.



At the beginning of the session the young carers took part in some drawing warm up sessions, where they could ease into the drawing process and let their creativity flow. They created 4 pencil studies which focused on quick mark making (drawing an object in 30 seconds) which they found a bit of a challenge having to capture details on the paper so fast, but had fun taking on the challenge nonetheless. The second study challenged their mark making skills further, by getting them to draw the object using their opposite hand. Some of the young carers enjoyed this process more and found it interesting trying to draw in a different way than normal. The third study was created by not taking the pencil off the paper (drawing with one continuous line). The young carers found this a bit tricky as it felt harder to capture the object and its shape using one continuous line, where as others enjoyed being able to draw with a lot of movement and motion. The fourth study was the biggest challenge in which the young carers had to use the skills in the previous studies to draw the object with their eyes closed. The young carers found this the most challenging but had the most fun doing it as they found the end result funny! Doing these studies helped warm up the young carers' drawing and creative skills but also let them ease into the creative process and take the pressure and fear away from making mistakes. By doing different drawing exercises the young carers were able to see the fun side of taking on drawing challenges and how having a more relaxed and carefree approach to drawing, revealed skills and abilities the young carers didn't think they had.



For the second part of the workshop the young carers used the watercolour paint to experiment with replicating the colours of the nature around them. They also played around with using different watercolour brush techniques to create different details and effects. They really enjoyed having the creative freedom in the session and being able to experiment in an open and calming environment. The young carers were really good at supporting each other's artworks which created a boost of confidence for themselves and appreciation for the skills and talents of others.

# EASTER PROGRAMME

## EASTER EGG HUNTS

We were thrilled over Easter that a change in restrictions meant we could do outdoor trips! We met young carers in local parks across Cheshire to do Easter Egg hunts and challenges. Young carers and staff were so excited to see each other face-to-face after seeing each other over Zoom for the last 12 months; many friendships had been made virtually and it was great that they could finally meet. Everybody was split into small groups and given their egg hunt challenge sheet. Staff tactfully hid eggs and clues across each park for the young carers to find. The aim was to find twenty-five letters which would unscramble into a sentence. There were some trick eggs that didn't have letters and also some challenges to complete along the way. Young carers took the challenges in their stride and raced around the park to find all the letters first. One of the biggest challenges was unscrambling the sentence which was in fact the name of the programme – 'An Eggcellent Easter with CYC'.



Everybody won a prize egg for taking part and the winners received some special prizes including books and toys.

After some time playing different group games and using the park facilities, we completed an egg and spoon race, using the very popular crème eggs instead of real eggs. With the rule of the game being that young carers couldn't run, it was quite funny to watch everyone try and complete the race first but also not drop their egg! The egg hunt provided a great time for young carers to meet up again and see their friends, enjoy the outdoors and of course their favourite – winning Easter chocolate!



# EASTER PROGRAMME

## BLAKEMERE ADVENTURE

In the heart of the Cheshire countryside, we visited Blakemere village for an adventurous trip of bike riding and low ropes! Young carers were split into two groups after receiving all their equipment and alternated between the two activities. The low ropes activity trail was in Blakemere woods; young carers practiced their balance and agility whilst completing the course in a race to the zipline! Despite the fact the trail was to be completed individually, they worked as a team to work out the most effective way to tackle each section without falling. Cheshire Cycle Hire supplied us with some great mountain bikes and young carers followed Rod, the instructor, along part of the Sandstone Trail. Most of the young carers had never been biking on trails like this, which proved to be lots of fun but also required some confidence! It's safe to say that all young carers on the trip would have slept well that night as they burnt off a lot of energy, but all said they would love to do something of that nature again.

APR

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APR

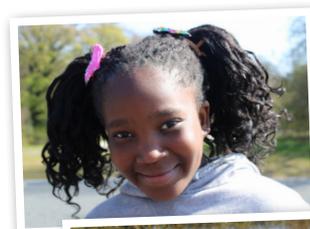
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## DELAMERE BIKE RIDE & PHOTOGRAPHY

The young carers made the most of the glorious sunshine and went on a Mountain Bike Adventure in Delamere Forest. Bikes were hired from TRACS Delamere Forest Bike Hire and thanks to the instructor Ray, the young carers were taken on off-road mountain bike trails, which put their bravery to the test! For many of the young carers it was the first time they had been mountain biking, and it proved to be a bit more adventurous than the cycling they are used to. They were taken on a difficult track and they encouraged each other through the most difficult and fearful part of the track! There were a lot of new friendships made on the trip with the group bonding well and being patient with those who found the bike particularly challenging. The young carers have said they would love to go on another bike ride again, and hopefully be just as lucky with the lovely sunshine.



We met young carers in the beautiful Delamere Forest for a photography walk during the Easter programme. Despite it being a walk, we didn't get very far round the route as young carers were enthralled by the cameras – they were constantly taking photos and stopping to take more! Using a variety of DSLRs, GoPros and Compact Cameras, Georgia taught everybody how to use them. We had some young carers who had used the cameras before and jumped straight back into it. Together we put the different composition techniques we had learnt about on Zoom into practice whilst on the walk and used all the natural elements to create amazing images. The cameras have allowed us to create exciting trips that utilise the outdoors and benefit the wellbeing of the young carers. We are blown away by the talent we see when we look through their images, which they are always excited to show us!



# EASTER PROGRAMME

## QUIZ

It has almost been a year of doing Kahoot quiz nights on Zoom, and our young carers and their families have definitely been flying through the questions with ease as their trivia knowledge has expanded. We have been increasingly making the quizzes harder to match their continuous high scores! Our Easter quiz brought a whole new theme of questions and put their knowledge to the test. Families were tested on the history of Easter, different chocolate eggs, Easter traditions and more! Tensions rose for the top spots on the leaderboard and we introduced a new prize for the highest answer streak. A running theme, which is a firm part of our family trivia nights is, that despite the competitiveness, families are always keen to congratulate to each other on their wins!



## GAMESHOW

The CYC Family Gameshow was back and jam packed with fun and silly game rounds for all the family to enjoy. With five Easter themed rounds, it was the biggest Gameshow we have done to date, with each round having even more fantastic prizes! Round 1 was our higher or lower inventions game with an Easter twist. Teams had to guess when different famous Easter Chocolates were invented on the timeline. The winner won a Bunny Ear Hoop Toss Game, which they were very 'eggcited' about! Round 2 was a Disney themed round, where the teams had to find the hidden 'Easter Eggs' in the Disney and Pixar films. The winner had very good searching skills, so we thought the most fitting prize was a Where's Wally book. Round 3 was a memory game, where the teams had one minute to study an Easter scene and then answer questions about it. The prize for Round 3 was a memory board game, so the winners could challenge their memory skills even more whilst having fun with friends and family. In Round 4 everyone had to guess the weight of a single chocolate Mini Egg, and the closest guess won the prize of a chocolate hamper. The final creativity round has become a favourite in our CYC gameshow, this time the teams were given five minutes to create an Easter bonnet out of household items, with the winning team receiving a Just Eat Takeaway voucher. All the families loved getting involved and having a fun evening together!



## BINGO

The young carers got their lucky numbers ready for an Easter themed Bingo night! Georgia hosted a fun packed game which got all the young carers and their families in the competitive spirit to win the prize of a line and the ultimate prize of the night – BINGO!



# YOUNG ADULT CARERS



## YAC EVENING SESSIONS

Monthly online sessions have been held with young adult carers (YACs). The group have been given an opportunity to plan the activities for holiday sessions as well as the monthly meet ups. Activities have included a virtual escape room, where the group worked together to 'escape' from a train by completing a series of challenges! Everyone felt pressure from the clock and were surprised when they escaped in just 41 minutes. Staying with the cryptic theme, the group enjoyed taking part in a virtual murder mystery. Everyone was assigned a character in the Great Chocolate Box Mystery and despite lots of detective work the murder remained unsolved!



## YAC EASTER CAKE DECORATING



YACs enjoyed a cake decorating masterclass with an Easter theme. Cake decorating kits had been sent out before the session; these included the tools they would need and, thanks to donations from Culpitt and Renshaw's, we were also able to provide cake frosting, fondant icing and decorations. The YACs were shown how to decorate cupcakes with a variety of designs including sheep, pigs, and chicks. Using piping kits everyone learnt how to pipe different styles and decorate with butterflies and flowers.



# FUNDERS & SUPPORTERS

Without the support of our generous donors, this programme would not have been possible. We want to thank them for their support, donations and encouragement.

Cheshire & Warrington Carers Trust  
Cheshire Community Foundation  
Culpitt Ltd  
Edsential  
J F Renshaws  
Knutsford Lions Club  
Morrisons  
Mr Reg Ashton  
Northwich Rotary Club  
Peter Neumark Foundation  
Redrow  
Sandbach School  
Sports England  
Steve Morgan Foundation  
St James' Place Charitable Foundation  
Tesco (Bags for Life)  
The Co-Op Local Community Fund  
Weaver Valley Rotary Club



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ST. JAMES'S PLACE CHARITABLE FOUNDATION



WE ARE SO  
GRATEFUL FOR  
THE SUPPORT  
THAT IS  
CONSISTENTLY  
RECEIVED.

# ZOOMING INTO 2021 Programme Feedback...

We have changed the names – to protect the identity of these young carers.



“Thank you for Mila’s box she very pleased”

“Elsie was very excited to receive her box. Thank you so much.”

“Thank you so much for the boys’ boxes today, they can’t wait to open them!”

“Lola was so excited to come home to her box after school today!”

“Thank you so much for the delivery of the Easter box of fun that arrived today”

‘We have a very happy new Cheshire Young Carers member who was ‘eggcited’ to open his box... Thank you!’

‘Thank you so much! That has really made our tough times just that little bit more easier. Really appreciate it!’

‘The girls thoroughly enjoyed the trip, many thanks for having them – they can’t wait to see you all again they said! We’re currently doing the jigsaw’

‘Oh my goodness thank you so much for tonights zoom. Owen was superb and so open. It was brilliant. You guys are incredible’.

“Thank you so much for Jaden’s box. He was so excited. Thank you for all the hard work and effort you all put in x”



# ZOOMING INTO 2021

## Programme Feedback...

"Thank you again for your continued commitment to provide some well needed outdoor activities to the children!"

"Thank you for all your help and support this year. The team has adapted and delivered quality activities for all well done you are all amazing xx"

"Thank you so much for Jaden's box. He was so excited. Thank you for all the hard work and effort you all put in x"

'Just wanted to say thank you for taking Cameron on the bike ride on Monday. He had a fab time and came away with loads of confidence.'

"We are so happy that face to face activities can start up again... Holly has really missed young carers"

"Thanks for today. Ralph really enjoyed it and it was lovely for me as I got to spend some 1-2-1 time with him which we don't get to do often enough"



"Francesca was made up to see her activity box had been delivered today. Thank you so much"

"Thank you so much for the great activity boxes"

"Thank you for the activity box you are all amazing!"

"Thanks so very much for our Easter box"

"Thank you for the boy's boxes"





# Cheshire Young Carers

**ZOOMING INTO 2021**  
**JAN - APR 2021**



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