

# WEEK ONE MENU



Week Begin 30/10/23 13/11/23 27/11/23 11/12/23 08/01/24 22/01/24	MON	TUES	WED	THURS	FRI
<b>Main</b>	Chicken Curry	Ultimate Fish Pie	Roast Chicken, Yorkshire Pudding, Stuffing & Gravy	Sausage & Mash	Fish Fingers
<b>Vegetarian</b>	Southern Fried Quorn Filler	Cheese & Tomato Pizza	Mac & Cheese	Vegetable Chilli	Vegetable Frittata
<b>Vegetables</b>	Steamed Cabbage & Peas	Mixed Vegetables	Carrots & Green Beans	Steamed Broccoli	Baked Beans Garden Peas
<b>Carbohydrate</b>	Rice	Steamed New Potatoes	Roast Potatoes	Rice	Oven Baked Chips
<b>Jacket Potatoes</b>	Jacket Potatoes with a choice of fillings including Baked Beans, Cheese & Tuna Mayonnaise				
<b>Salad Bar</b>	A Selection of Freshly Prepared Salads and Breads				
<b>Desserts</b>	Apple & Banana Sponge Fresh Fruit Yoghurt	Fruit Cocktail Jelly & Cream Fresh Fruit Yoghurt	Oaty Fruit Crunch Fresh Fruit Yoghurt	Chocolate Mousse with Banana Fresh Fruit Yoghurt	Sticky Toffee Pudding Fresh Fruit Yoghurt



# WEEK TWO MENU



	MON	TUES	WED	THURS	FRI
<b>Week Begin</b> 06/11/23 20/11/23 04/12/23 18/12/23 16/01/24 29/01/24					
<b>Main</b>	Chicken Stir Fry with Sweet & Sour Sauce	BBQ Beefburger	Roast Pork, Apple Sauce & Gravy	Beef Lasagne	Battered Fish
<b>Vegetarian</b>	Sweet Potato Korma	Vegetarian Pasta Bolognaise	Vegetarian Shepperd's Pie	Cantonese Vegetable Stir Fry	Vegetarian Hot Dog
<b>Vegetables</b>	Carrots & Green Beans	Corn on The Cob	Roasted Root Vegetables	Sweetcorn & Mixed Peppers	Baked Beans Garden Peas
<b>Carbohydrate</b>	Rice	Potato Wedges	Steamed New Potatoes	Rice	Oven Baked Chips
<b>Jacket Potatoes</b>	Jacket Potatoes with a choice of fillings including Baked Beans, Cheese & Tuna Mayonnaise				
<b>Salad Bar</b>	A Selection of Freshly Prepared Salads and Breads				
<b>Desserts</b>	Chocolate Orange Sponge Fresh Fruit Yoghurt	Chocolate Shortbread Fresh Fruit Yoghurt	Apple Crumble & Custard Fresh Fruit Yoghurt	Cornflake Cookies Fresh Fruit Yoghurt	Banana Bread Ice Cream Fresh Fruit Yoghurt