

FAMILIES AND COMMUNITIES TEAM

## PARENT WORKSHOPS



**Parent Workshop:** Supporting children with Loss and Bereavement.

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Workshop**. This workshop will help you to understand what death, grief and bereavement mean to a child and why they may struggle saying goodbye. We explore techniques to help support a child to cope with grief.

This workshop is available to families in **Cheshire East** and will be held **at Visyon in Congleton** for **face-to-face** delivery.

If you would like to book a place on the Workshop, please contact [FamiliesandCommunitiesTeam@visyon.org.uk](mailto:FamiliesandCommunitiesTeam@visyon.org.uk) who will contact you with further details.

Places are limited and will be allocated on a first come basis.

### Parent Workshop Date:

- Tuesday 21<sup>st</sup> March at 10.30 am – 12.00 pm.

