

# SHORT BREAKS **ACTIVITY CLUBS**

AT THE CAUDWELL INTERNATIONAL CHILDREN'S CENTRE



Caudwell Children run **FANTASTIC**, **FREE**, **FUN** Short Break opportunities for young people with a disability and their families living within Cheshire East Council.

SHORT BREAKS are activities for children and young people with Special Educational Needs & Disabilities, run to enable them to have fun, spend time with friends and build upon their confidence and skills, in a safe, inspiring and welcoming environment.

The child or young person with SEND can attend the activity without their families. This gives parents and carers the opportunity to have a break from their caring role. Parents are welcome to stay, have a drink and meet with other parents at the centre if they prefer to stay for the session.

### WHEN?

- ★ Taking place every **second Sunday** of each calendar month
- 10.00 pm 12.00 pm
- ★ Caudwell International Children's Centre, Innovation Way, Keeele Science & Innovation Park, Newcastle-under-Lyme, Staffordshre ST5 5NT

Short breaks are available to :

- ★ Young People aged 8 18 years old
- ★ With Special Educational Needs & Disabilities

Short Breaks has helped Dylan over the past year as he has been shielding. He has health problems including a hole in his heart and lung issues. The Short Breaks activities have helped him with his development and interaction with others.









# WHAT FAMILIES SAY ABOUT

# CC SHORT BREAKS



Short Breaks have provided a great structure to our weekends, filled with well resourced, good quality, fun activities. Ollie really enjoys the sessions, especially baking and art activities. Not to mention being able to interact with others, especially during the lockdowns.





Polly has absolutely loved seeing other learners, having interaction with the staff and being valued and part of something special. She has really enjoyed doing all of the activities and done things we wouldn't have thought she would like. It has challenged her in a gentle way to try so much.



## OTHER SERVICES WE OFFER:

We offer a range of support for children and their families.

- Family Support
- Equipment
- Treatment
- Therapy
- Supported Breaks

- Autism Assessments
- Warm Homes
- Digital Skills
- Volunteering Opportunties
- Fundraising Opportunities

### GET INVOLVED TODAY

Please visit Short Breaks Services in Cheshire East to find out more.

- f /caudwellchildren
- @caudwellkids
- @caudwellchildren

www.caudwellchildren.com

